

October 2024

TO KNOW GOD AND LIVE LIKE JESUS.

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## Terrible, Horrible, No Good, Very Bad Day

The words of author Judith Viorst ring in my mind: "Terrible, horrible, no good, very bad day." Have you ever had one of those days? That literally everything that could go wrong will go wrong? Thanks, Murphy! I had one of those days. It started out okay, it was an early rise and getting off to an early start generally makes



Rev. Lacey Wheeler

for a sluggish day for me since I prefer the night hours than the sunrise ones. I reset my alarm twice because—sleep. Once I was finally up, I drug myself to the bathroom to start getting ready. It was a slow start. As the day wore on, it didn't seem to be getting better. Things were just cumulating. Have you ever had that day? But for me, what was most striking was the way this day ended. When I finally got home, I was ready to be home and ready for bed. I was sitting on the couch and my son was in front of me with a glass of very cold water. How do I know it's a cold of very cold water, you ask? Good question, thanks for asking! He looks me right in the eyes, lunges toward me and all the water with it, streaking across the living room with a laugh of delight! I am soaking from head to toe. Freezing. In an exasperated voice I said under my breath, "That's it, I'm done." I'm done with this day. I need to go back to bed, wake up, and try it all over again because this day is just getting worse. Have you ever had that day? A cold water in your face kind of day? And it doesn't seem to be getting any better? I heard recently that you know what kind of day you're going to have in the first eight minutes of your day. I believe it. And that makes me pause.

What if the first eight minutes of my day was spent, not groggily resetting my alarm to sleep longer or getting into the shower begrudgingly, but what if the first eight minutes of my day was spent in stillness, being in the presence of God? Not studying, not striving, not even talking, simply being. I wonder how that might change my day. I wonder how it might change your day. In her book *How to Lead When You Don't Know Where You're Going*, Susan Beaumont describes stillness as "an open state of readiness, awe and wonder that undergirds a discernment process." If we are not able to be still, to stop, to pause, to wonder, to take in the moment and be present to this moment, the discernment process is impossible. What if, beginning our day in the first eight minutes, simply being with God, leads us into a day that is in tune with the work of God and allows us to discern the Spirit of God in the everyday-ness that we experience? Discernment has been used in church circles for generations to describe the seeing of God's Spirit and direction in a given circumstance. Often when we face crisis, we lean into a time of discernment on where to go and what to do. When we have a big decision like whether to have children, to begin a new job, to have that conversation with our child's teacher, to have that conversation with our loved one, how to have that conversation, these are also circumstances in which we might discern. What if our baseline, our natural posture, was one of discernment, and not just when we need direction or an answer to something, but as a posture toward our day? And what if, as a community of faith, we took seriously the

conversation with our loved one, how to have that conversation, these are also circumstances in which we might discern. What if our baseline, our natural posture, was one of discernment, and not just when we need direction or an answer to something, but as a posture toward our day? And what if, as a community of faith, we took seriously the practice of discernment in everything that we do? What might this faith community look like? We ended the month of September with a Ministry Team Visioning Retreat centering around mindfulness and discernment. As our ministry team leaders met, we looked at where God might be calling us in 2025 through the lens of mindful discernment. Continued on pg 4.

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### LUNCH BUNCH AT IT AGAIN!!



# Look what's happening around the church...



The Leadership Board, along with Pastor Lacey are inviting the ministry teams to a visioning retreat on Sunday, September 29th, right after the service from 11:30am-1:30pm as we look forward to 2025. Ministry Team Leaders should have received an email with information. If you have questions, please contact Pastor Lacey. The Board approved Kimberly Konecny's application to officially begin the process of taking classes to become a Certified Lay Servant. She began taking the first classes in 2019 and has since discerned that God is calling her to go through this process. Paperwork will now be filed with our district at our charge conference in November. The church office will be closed the week between Christmas and New Year's. If you need something during that time, please call the office and leave a message, someone will get back with you as soon as possible. Some congregation members have expressed concern about lack of communication with Leadership Board. In attempts to aid in communication, we will publish our agenda prior to meetings. The meeting dates are listed in the bulletins, newsletters, and anyone can attend. We also encourage you all to attend our Town Hall meetings held quarterly. The next scheduled board meeting will be held Tuesday, October 8th, 2024 at 7:00PM.



United  
Women  
in Faith

The United Women in Faith is having a Bake Sale at the Rose Hill Fall Festival. We are in need of baked goods. Please help us make this event a success with donations. For more information, contact Jessie Poston. The Holiday Shop is right around the corner. Now is the time to reserve your vendor spot, start making your crafts, and finding those treasures to donate to Granny's Attic. The next general meeting will be held on October 9th, at 6:30PM, we will be having our World Thank Offering and Pledge Service led by Rita McGinnis. The Rebecca Ruth Circle will meet October 24th, at 10:00AM, program led by Rose Mary Templin. UWFaith thanks all those who help them to turn faith, hope, and love into action on behalf of women, children, and youth around the world.



Hope Connections had busy month in September serving 43 families with food distribution as well as 7 families with financial assistance. Thank you to all the volunteers who help make this happen. We appreciate each of you. Its that time of year for some warm, cozy soups. Please think about donating some of those comfort items for our families such as hearty soups, hearty meal mixes, crackers, hot chocolate, and maybe even some marshmallows. We are also in need of hygiene items including deodorant, kleenex, shampoos, and incontinence pads. For those of you that were blessed with an abundant amount of garden vegetables and need to get them used up, our families love fresh produce. Please keep us in mind for your donations. We will have our Thanksgiving meal distribution on Thursday, November 21st from 5:00-6:30pm and our Christmas meal distribution on Thursday, December 19th from 5:00-6:30pm. This will again be a drive through format with volunteers to direct everyone through the process.

The following upcoming distribution dates are: 10/2: 11AM-12:30PM; 10/7: 5PM-6:30PM; 10/16: 11AM-12:30PM, 10/21: 5PM-6:30PM.

**Birthdays:** **OCTOBER 3:** Shannon Murphy; **October 5:** Marilyn Logbeck; **October 6:** Darin Jantzen; **October 7:** Diane Mann, Brenda Miller; **October 9:** Mark Davis, Terry Paddock; **October 14:** Sharon Alliband; **October 15:** Matthew Zoglmann; **October 16:** Amber Koehn; **October 21:** Bobby Reed; **October 22:** Richard Miller; **October 23:** Larry Dutton, Audrey Rowles; **October 24:** Benjamin Wyssman; **October 25:** Alicia Bird; **October 26:** Rita Paddock; **October 27:** Virginia Morgan; **October 29:** Amy Black; **October 30:** Matt Kuzma

**Anniversaries:** **OCTOBER 5:** Mike & Kathy Conley, Becky Wilson; **October 8:** Tracie Duncan; **October 10:** Roger & Brenda Miller; **October 26:** Robin & Delynn Nelson

HAPPIEST OF DAYS TO YOU. LOVE RHUMC! ❤️







Wee Rockets Under new management! New look! New hope for what lies ahead! With the help of many of you, the board and the staff Wee Rockets has undergone some great physical changes to the building itself. Now it's time to work on improving the items we need for our children to thrive. We have a need for items for the classrooms and for the center in general. The following link [https://www.amazon.com/hz/wishlist/dl/invite/4QflfuH?ref\\_wl\\_share](https://www.amazon.com/hz/wishlist/dl/invite/4QflfuH?ref_wl_share) will provide you a look at what all is needed. If you feel so led to contribute you can purchase an item/s and then contact us to come and pick them up to get them to the center. We are grateful for your giving hearts and for the many prayers that have been given on behalf of Wee Rockets. Please contact Kathy Santo, Wee Rockets Board Preseident if you have questions at 316-393-8797.



**RHUMC STAFF RETREAT**

Our amazing RHUMC team got together for a warm meal, relationship building, mindfulness practices, and leaning into the presence of God! We are so incredibly grateful for all of you who seek to lead our congregation in incredible ways! Thank you for your intention in planning, in prayers, and in collaboration! What an incredible community of faith!





## **Terrible, Horrible, No Good, Very Bad Day continued..**

Author Parker Palmer writes of an experience of discernment in his life, wondering about his vocation and purpose in life. Palmer leaned into a traditional Quaker counsel that says, “have faith and the way will open”. He found himself frustrated because the way was not opening for him. He sat in stillness and nothing was coming out of the stillness. He then went to a wise Quaker woman, telling her his quandary. Ruth said to Palmer, “In sixty-plus years of living, way has never opened in front of me.” And with a grin, she added “But a lot of way has closed behind me, and that’s had the same guiding effect.” Sometimes moments of discernment require us to look at what is naturally closing, what is naturally coming to an end in order to walk through the way open in front of us. (Even if it is the close of day that ends with cold water in your face!) Our ministry teams prayed together and began to search out where they are sensing energy, life, and the Spirit’s leading. There were wonderful things shared: Energy and life around the neighboring movement, life around getting youth involved in serving communion, energy around continuing to worship and provide meaningful music together, energy around continuing to steer the church to make disciples. When we finished our time together, each of our ministry teams spent time in prayer together. Some holding hands, eyes shut and heads bowed in fervent and heartfelt prayer. It was evident that God was up to something. God is up to something in our hearts. As we were still and chose to be present to the work of God among us, we were receptive and ready to hear from God. The work of discernment is ongoing. Every day. Never ending. Each day we are invited into stillness and God’s gentle Spirit waits for us there, if we are willing to pause long enough to sense it. My prayer for us is that amidst the busyness of life, we are able to take a moment or two to be still and encounter this life-giving Spirit, and to discern the movement and invitation of God around us. What door is God opening? And perhaps, just as a wise quaker woman once suggested, what doors might be closing? The cold water in the face for me was a bit of an invitation for the day. I honestly don’t even know how my son had water that cold in his cup—it was breath-taking. It seemed that as the door closed on a “terrible, horrible, no good, very bad day”, God invited me to an opening of the next day, into a new day. I sense an invitation to wake up to God’s presence through the stillness of being present with God. My hope for you is that it does not take a cold cup of water in your face to become still, but that every morning when you rise, you sense God’s invitation for the first eight minutes perhaps, to be still and simply be with God. May we be a community who walks in discernment, seeking out and listening to the presence of God in every single moment. Here’s to another day! -Rev. Lacey Wheeler





# EVENTS YOU WONT WANY TO MISS!



UNITED WOMEN IN FAITH ANNUAL

## bake sale

OCTOBER 12, 2024  
10AM-3PM  
FALL FESTIVAL CRAFT SHOW

BAKED GOODS AND TREATS NEEDED, BRING TO THE CHURCH BY OCT. 11TH 4PM-7PM OR DIRECTLY TO THE BOOTH ON SATURDAY



THE STUDENT MINISTRY TEAM INVITES YOU TO A

## PUMPKIN DECORATING Party!

October 19 | 2PM - 4PM

WE WILL BE HOLDING OUR PARTY AT ADVENA LIVING SO THAT RESIDENTS CAN JOIN IN ON THE FUN IF THEY WISH!

Pumpkin Decorating - Food - Music

ADVENA LIVING  
601 N. Rose Hill Road  
Rose Hill, Kansas

Please RSVP to Stacie Fox by Sunday, October 13th so that we can ensure we have enough pumpkins!  
316-210-7502 | gregstacie@gmail.com

## RHUMC RHYTHM RINGERS

3rd grade and up can learn to ring the Hand Bells. No experience necessary!



**Practice Starts Oct 20th**

**Sundays at 3:15pm**

Please contact Becky Arhearth for questions at 316-259-7743

### RHUMC Annual Pancake Feed



**PANCAKE FEED**  
#RoseHillFallFest

October 12th, 2024  
7:30am-10:00am

Located at: Rose Hill USD 394 District Office Building  
Volunteers Needed! Contact CJ Bextel at 316-847-9727



Let's Laugh & Play with Friends

## RHUMC'S FAMILY GAME NIGHT

SATURDAY OCTOBER 19

6:30PM-8:30PM  
Third Saturday of every month  
November 16, December 21

BRING YOUR FAVORITE BOARD GAMES OR CARD GAMES TO PLAY WITH OTHERS

For questions contact: Delynn Nelson  
316-210-6242  
delynn68@gmail.com




## TRUNK or TREAT

SAT, OCT 26TH

Rose Hill Middle School Parking Lot

6PM-8PM

COMMUNITY EVENT PUT ON BY LOCAL CHURCHES & BUSINESSES

If you would like to participate by having a trunk, please see the sign-up sheet at the Greeter's table in the Foyer  
In case of bad weather the Multi-purpose room will be available

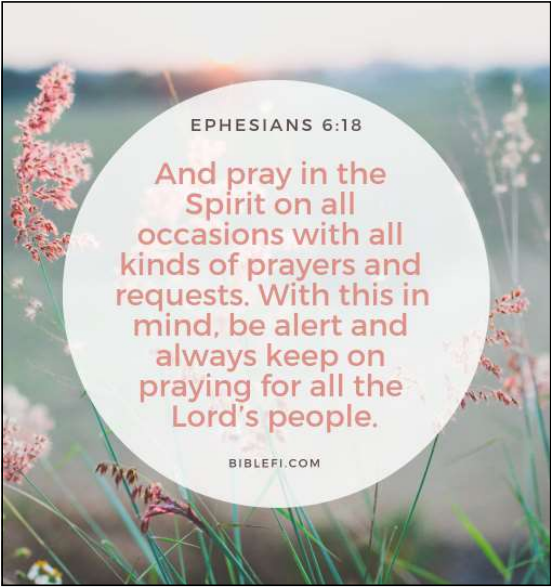


RHUMC UWFaith

## HOLIDAY SHOP

November 9th, 2024  
9am-3pm  
19551 SW Butler Rd.  
Rose Hill, KS 67133

VENDOR SET-UP  
Friday, 4pm-7pm  
Saturday, 7am-8:30am  
Vendors contact - 776-2212 for more info



Please keep these in your prayers: Our church; our country; our troops; people of the world; our government leaders; law enforcement officers (safety); our community; students; teachers; Americans overseas; those suffering with mental illness; Teresa Conduff (health concerns); Kathy Conley (health); Cassie Conley (health concerns); Joy Shiblom (health concerns); Greg Cox (multiple myeloma); Linda McBride (health); Lyn-Nell Clark's daughter, Teresa Schmidt (metastatic bone cancer in vertebrae); Shannon Zoglmann's father (lung cancer) mother (heart disease/failure); Ashley Mowder's father, Alex Hall (health); Joyce Webster (health); Tonie Rollins' sister, Cindy Hunter (pancreatic cancer, Returned); Mike Rollins (rotator cuff surgery, radiation); Joy Pearson (health); Sigrid Krkosska (health); Dave Brown (Returned Cancer), Christine McKee's father, Harry Conway (health); Chad Flower (health); Bob (Dementia); Audrey Rowles (health); Jeff Diehl (stroke); Evelyn Diehl (health); Mandy Olson's mom Julie (health); CJ Bextel's father, David Bextel (triple bypass); CJ Bextel's grandmother, Loretta Burgess (health); Crystal Carron (lung cancer/ surgery); Alex Kruger (health); ; Greg Rinehart (surgery/renal cell carcinoma);

Tom McKee (knee surgery); Gail Futhey (surgery/farming accident); Melanie Leis (breast cancer); Beverly Grunder (hip replacement surgery); Lev Troll (acute lymphoblastic leukemia); Sharon Meyers (cancer); Nursing home/rehab residents.

***Please notify the church office when your request can be taken off the list. Thank you!***



ADDRESS SERVICE REQUESTED

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ROSE HILL, KS 67133